


Title of Activity	Awareness Programme on Menstrual Hygiene and HIV AIDS, 2025
Date	28.03.2025
Place	Government Science College, Chatrapur, Ganjam
Number of Participants	Total: 70
Objective of the Meeting/ Seminar /Workshop/Event	An awareness programme on Menstrual Hygiene and HIV/AIDS aims to educate, empower, and protect individuals—especially young girls and women—by promoting knowledge and breaking stigmas around these crucial health topics.
Name of the Resource Person/ Trainer/ Guests	Dr. Milimita Padhi, Dr. Suchismita Behera Mrs. Sasmita Behera, Mrs. Sappa Ranjita Rani
Outcome	<p>An awareness programme on Menstrual Hygiene and HIV/AIDS creates a lasting impact by promoting health education, breaking taboos, and encouraging safe practices. Girls and women become more aware of safe and hygienic practices during menstruation, reducing the risk of infections. Open discussions help break cultural taboos and silence around menstruation, making it easier for girls to seek help and support.</p> <p>Participants learn about how HIV is transmitted and how it can be prevented through safe practices like condom use and regular testing. Reduced stigma leads to better emotional and social support for people living with HIV.</p>
Space for Photograph and News Clips	
Submitted by:	<p><i>Manas Kumar Tripathy</i> 25/04/2025 Dr. Manas Kumar Tripathy Councilor, YRC</p>